

### Executive Board

FOUNDER	PATRON
<b>Late. Dr. M.D. Pathak</b> <b>Chairman</b> , Centre for Research & Development of Waste & Marginal Land <b>Ex. Director General</b> , U.P. Council of Agriculture Research, U.P. <b>Ex. Director</b> , Research and Training, International Rice Research Institute, Manila, Philipines	<b>Dr. Ashok Kumar</b> President, Social Research Foundation, Kanpur Vice- Chancellor, Nirwan University, Jaipur, Rajasthan, Ex- V.C., Vedic University, Rajasthan, Ex- V.C., C.S.A. Agricultural University, Kanpur, U.P. Ex- V.C., C.S.J.M.U., Kanpur, U.P. Ex-V.C., D.D.U., Gorakhpur,U.P.
PATRON	EDITOR-IN -CHIEF
<b>Dr. Asha Tripathi</b> Senior Vice-President Social Research Foundation, Kanpur, asha23346@gmail.com	<b>Rajeev Misra</b> Secretary & Managing Editor, Social Research Foundation, Kanpur indra.rajeev@gmail.com
EDITOR	CO-EDITOR
<b>Deepti Mishra</b> Treasurer, Social Research Foundation, Kanpur, srfinternationalkanpur@gmail.com	<b>Bhawana Nigam</b> General Manager, Social Research Foundation, Kanpur socialresearchfoundationkanpur@gmail.com

### Advisory Board

Political Science and International Relation	Sociology and Social Anthropology
<b>Prof. Vandana Asthana</b> Eastern Washington University, Cheney, WA	<b>Dr. K. Bharathi</b> Arba Minch University, Arba Minch, Ethiopia, North Africa
Library & Information Science	English & Communication
<b>Dr. U. C. Shukla</b> Fiji National University, Lautoka, Fiji	<b>Dr. Teena Gautam</b> Lecturer, International College of Law Business Administration and Technology, Ajman, UAE
English & Communication	
<b>Roohi Andalib Huda</b> Assistant Professor, BRAC University, Dhaka, Bangladesh	

### Editorial-board

<b>Applied Art &amp; Design</b>	<b>Higher Education</b>
<b>Dr. Sasmita Kamila</b> Lecturer Utkal University Of Culture, Bhubaneswar, Odisha, India	<b>Dr. Samiksha Chandrakar</b> Assistant Professor Govt. Rajeev Lochan P. G. College, Rajim, Gariyaband Chhattigarh, India
<b>Geography</b>	<b>Economics</b>
<b>Dr. Richa Rawat</b> Assistant Professor S. P. C. Government College, Ajmer, Rajasthan, India	<b>Dr. Suman Kumar Premee</b> Former Assistant Professor C S S S Mahavidyalay, Lakhimpur Kheri, U. P., India
<b>Political Science</b>	<b>Sociology</b>
<b>Dr. Rajinder Singh</b> Assistant Professor University College, Moonak, Sangrur, Punjab, India	<b>Anuradha Gusain</b> Assistant Professor M P G College, Mussoorie, Uttarakhand, India
<b>Sociology</b>	<b>Hindi</b>
<b>Dr. Mamta Sagar</b> Associate Professor S. M. P. G. G P. G. College, Meerut, Uttar Pradesh, India	<b>Rajeev Misra</b> Secretary Social Research Foundation, Kanpur, Uttar Pradesh, India
<b>Editorial</b>	<b>Physical Education</b>
<b>Dr. Praveen Kumar</b> Bureau Chief India News, Dehradun, Uttarakhand, India	<b>Dr. Jaswinder Singh</b> Assistant Professor Government Ranbir College, Sangrur, Punjab, India
<b>Political Science</b>	<b>Education</b>
<b>Dr. Megha Kumari</b> Assistant Professor Sahibganj College, Sahibganj, Jharkhand, India	<b>Rekha Jain</b> Teacher Rajasthan College, Tonk, Rajasthan, India
<b>Higher Education</b>	
<b>Dr. Yogesh Kumar Sabal</b> Associate Professor Govt. Girls College Govindgarh, Jaipur Rajasthan, India	

## **सम्पादकीय.....**

सुधी पाठकों,

मित्रों, भारतीय शिक्षा की त्रासदी यह है कि सत्तासीन व सत्ता से बाहर सभी राजनेता व शिक्षाविद् इसके महत्व और मानव-निर्माण के महत्व को स्वीकार तो करते हैं किन्तु इस तरफ कोई ध्यान नहीं देते- यहाँ तक कि इसकी उपेक्षा भी करते रहे हैं। आर्थिक विकास की तुलना में हम विकास की तुलना में हम विकास के इस सर्वोत्तम साधन को बहुत गौण स्थान देते रहे हैं। निःसन्देह प्राथमिक शिक्षा को राष्ट्र के विकास की नींव माना जाता है लेकिन वही क्षेत्र सबसे ज्यादा उपेक्षित रहा है। अपने ही प्रदेश में प्राथमिक विद्यालयों की हालत किसी से छुपी नहीं है। अधिकांश शिक्षकों के पद रिक्त चल रहे हैं। परिणाम यह है कि एक या दो शिक्षकों से ही पूरे विद्यालय की शिक्षा व्यवस्था चलवाई जा रही है।

गुणवत्ता की दृष्टि से तो स्थिति और भी खराब है एक ओर हम सभी के लिए शिक्षा का अभियान चला रहे हैं तो दूसरी तरफ लाखों बच्चों को केवल अक्षर ज्ञान करा देने की धोखा धड़ी कर रहे हैं और राष्ट्र की भावी पीढ़ी के भविष्य को अन्धकारमय बना रहे हैं। उच्च शिक्षा की स्थिति भी कुछ इससे अच्छी नहीं है। आखिर कब तक ऐसा चलेगा? आखिर कब तक हम भारत के पढ़े लिखे कहे जाने वाले प्रबुद्ध नागरिक भी अपनी ओर से कोई अपनी पहल न करके सरकार की तरफ निहारते रहेंगे। हम यह उम्मीद करते हैं कि आप अपने नये तार्किक विचारों को हमारे शोध प्रकाशन में प्रकाशित करते हुए शिक्षा की गुणवत्ता को बनाए रखने वाले इस यज्ञ में अपना अमूल्य योगदान देते रहेंगे।

**धन्यवाद.....**

**(राजीव कुमार मिश्रा)**

**सम्पादक**

### **मुद्रक/प्रकाशक**

राजीव कुमार मिश्रा द्वारा ए. एण्ड एस. कम्प्यूटर्स, 127/1/61, डब्ल्यू-1, साकेत नगर, कानपुर से मुद्रित एवं 128/170, एच ब्लॉक, किदवई नगर, कानपुर से प्रकाशित।

संपादक: राजीव कुमार मिश्रा

Mobile No. 9335332333, 9839074762

Mail id: socialresearchfoundationkanpur@gmail.com, socialresearchfoundation@gmail.com,  
Website: www.socialresearchfoundation.com

## **Guidelines for Reviewers**

Please, carefully read the information below, it may help you to review a research paper:-

1. **Carefully review the paper**
2. Your review should not be about what should have been done; rather it should be a critique of **what the author actually did**.
3. If you think paper is poorly written or the contribution is poorly described, **state that, instead of rejecting the paper on this basis, give your comments/ suggestions for modification**.
4. Don't review a research paper under the **time pressure**. Spare a little of your **valuable time to review** a paper properly.
5. **Review to accept papers**
6. When you read a paper, try to **find reasons to accept the paper**, you should spot what is good about the paper and highlight that in your review.
7. If you don't like the approaches, fine, but try to decide what about the author's paper makes it acceptable for publication, No doubt, all the papers are not worth publishing, but **almost all papers have an idea** THAT the author is promoting and **you should review to accept that idea**.
8. Sometimes, the idea is bad/wrong/ already been done and so paper can't be accepted. But read the paper looking for **a reason to accept** it.
9. When you write your review, write with the mind set **"how to improve this paper"**.
10. **Write a Review**
11. Review form has option "Accepted or Corrections Suggested". Suggest your comments in Box that help the authors to improve his paper. Following should all be covered somewhere in your review:
  12. Objective of the papers
  13. Highlight the contribution of the paper as well as how significant it is.
  14. State your recommendation and why
  15. State ways to improve the paper
  16. You should note the small things , but ideally place them at the end of your review in a separate section as "Details to improvement/ General Comments"

### **4. Things to avoid**

1. Do not say "The author should add additional references or write on such pattern" **without actually write examples for desired pattern**.

## **Review Process**

- Click on <http://socialresearchfoundation.com/new/signup.php>
- Go to Expert Paper List and find paper on right side panel.
- Click on Action Link and check the complete paper.
- Click on **Accepted or To Be Corrected** as per your suggestion for separate headings.
- At the end , if paper is completely accepted for publication, select "Accepted for Final Publication" or Select "Correction Suggested", then **Submit** it.
- You will get the Certificate of Reviewer Board on the same page after the publication of this paper.
- Your name will also appear on the Editorial Board of same issue of journal on our website [www.socialresearchfoundation.com](http://www.socialresearchfoundation.com)

## Guidelines For Author

Your Research Paper should follow following guidelines:

1. **Abstract:** Please write abstract of your paper within 100 words in which a brief description of your research paper should be given.
2. **Keywords:** The important word should be written so that your paper can be traced on internet on the basis of those words.
3. **Introduction:** Describe your problem and state your contribution to the solution of the problem. From the very start be very clear about what you will be arguing in your paper.
4. **Objective of the Study :** First, clearly present the gist of your idea, what is the main problem / question that you are dealing with in this paper? What are the goals/objectives of your research? Why it is an interesting/ significant problem?
5. **Review of Literature:** Move on elaborating your idea with example and comparison. You may refer to previous research done on the same topic/pattern and explain how your work differs from and contributes to the existing literature.
6. **Main Text :** In case of theoretical paper, main content of the paper can be mentioned under this heading.
7. **Concepts and Hypothesis :** You may define the basic concepts that you frequently use in your paper. You should clearly state what your hypotheses are?
8. **Research Design:** Then explain your research methodology. What is your research base on/What kind of resources you have used. What is the universe of your study. What tools and techniques are used? Etc.
9. **Findings:** Describe the findings of your research paper. In other words what conclusion did you reach based on your research.
10. **Conclusion:** Briefly summarize the main text of your paper with findings. Put your suggestions if any.
11. **Suggestion:** Give suggestions based on your study.
12. **Footnotes:** All footnotes should be indicated by serial numbers in the text and literature cited should be detailed under Notes at the end of the chapter bearing corresponding number.
13. **Reference:** Place the reference at the end of manuscript following the footnotes. The list should mention only those sources actually cited in the text or notes. Author's name should be same as in the original source. More than one publication by the same authors should be listed in chronological ascending order. Following are some examples:
14. **Books:** Murthy, N. Narayan (2006), Corporate Ethics, Tata Mc Braw Hill Publishing Co. Ltd. New Delhi, Pg. Nos. eg.

*Murthy, N. Narayan (2006), Corporate Ethics, Tata Mc Braw Hill Publishing Co. Ltd. New Delhi*

1. **Ph D Thesis:** Alam, Aftab (1996), 'Study on strategies for Tourism Development in India, Ph. D. thesis, AMU, Aligarh., Pg. No.s
2. **Journal:** Devashish, S. K. (Oct. 1996), *The Giving Model and Corporate Excellence : A field Report Decision*, pp 219-224, Monikutty, S (1997) *Telecom Services in Urban and Corporate Segments : A Consumer Perspective*, Vikalpa, Vol. 22, No. 3, pp 15-18.
3. **Book reviews:** which require no abstract, must be in the following order: Name of author/title of book reviewed/place of publication/publisher/year of publication/number of pages, in Roman and Arabic figures to include preliminary pages.
4. **No dots** after abbreviations (UK, USA, MBBS, MBA etc.) Use dots after initials (K.C. Sethi).
5. **Capitalization** of headings/text should be kept to the minimum and should be consistent.

In writing a research paper maintain academic honesty. Be very careful to cite the sources that you use in your paper.

Please note that your paper will upto 5000 words within max 6 pages only (For Hindi Font Style must be **Mangal**, Font Size **10** in Single Spacing & for English, Font Style must be **Arial**, Font Size **9** in Single Spacing) with proper **Abstract, Keywords, Introduction, Aim of Study, Hypothesis, Tools,**

### **Publication Process**

- Create your **Permanent Account** on <http://socialresearchfoundation.com/new/signup.php> once to check paper status, download payment receipt, softcopy of paper and certificates in future.
- Re-Login your account by clicking the above mentioned link and OTP received in your mail id.
- Come to Purpose and submit your payment details as well as complete paper in the respective headings through COPY+PASTE.
- Skip the non-mandatory headings if not applicable in your paper.
- Please ensure zero percent typographic or grammatical errors because we will not be responsible for corrections after publication.
- After confirmation of payment, SRF sends the paper to the concerning expert for review. This process may take minimum 15 days or more.
- Author may change any of his/her personal details by log-in his/her personal account on SRF website. He can also download Payment Receipt, Certificate of Membership and Certificate of Paper Publication.
- As SRF received Comments from his reviewer, its immediately passes-on the same report to the related author for correction in his/her paper.
- After being on-line of complete issue, SRF starts the process for its publication in print version.
- Before dispatch, address of all the authors has been taken from his/her permanent account and printed copy of Journal is dispatched through Registered Book Post.

### **Subscription Charges**

For Online Copy + e-certificate = Rs.1800/-

For Online + Print version + Hard copy of Certificate = Rs.2800/-

Institutional Membership (Online + Print) (Annually) Rs. 4000/-

\* Extra hard copy will dispatch against per additional author charges.

#### **In case of Demand Draft/Multi-city Cheque**

##### **Address of Correspondence**

Social Research Foundation,  
128/170, H-Block,  
Kidwai Nagar, Kanpur,  
Uttar Pradesh 208011 India

##### **In Case of Online Payment**

### **Bank Account Details**

A/c Holder Name

Bank

Branch

A/c No

A/c Type

CBS Code

IFS Code

Shrinkh La Ek Shoda

State Bank of India

MIG-17, W Block, Keshav Nagar, Usmanpur,  
Kanpur. Uttar Pradesh, 208014

35204660434

Current Account

03752

SBIN0003752

## **Publication Ethics**

The publication ethics of journal *Shrinkhla Ek Shodhparak Vaicharik Patrika* follows the guidelines of COPE ([Committee on Publication Ethics](http://www.socialresearchfoundation.com/shinkhlala.php)). The process of paper publication is clearly mentioned on our website <http://www.socialresearchfoundation.com/shinkhlala.php>. Each and every paper follows the strict reviewing policy. *Shrinkhla Ek Shodhparak Vaicharik Patrika* is a Peer-reviewed journal; every manuscript is reviewed at 3 steps. Firstly, it is reviewed/screened/plagiarism checked by our in-house editors. Secondly, author has to send a Recommendation Letter duly signed by the reviewer from same subject/area of interest under our peer-review policy. Then, thirdly it sends to two editors from the same field and it publishes after receiving the corrected manuscript revised by the author as per the editor's suggestion/ comments. The following norms have been covered under ethical policy of journal:

### **Author's Responsibility**

1. Submitted manuscript must be original, drafted as per guidelines of paper submission (given on <http://www.socialresearchfoundation.com/shinkhlala.php>) and should not be submitted or published anywhere else.
2. A Declaration Form has also been submitted at the time of submission of Manuscript to declare that no fraudulent data has been taken or plagiarized, if any discrepancy is found then all the liability is of author's own.
3. In case of more than one author, each author has to sign the declaration form.
4. In case of quoted matter or data/figures taken from any source, it must be supported by proper references/footnotes.
5. Author is fully responsible that the submitted manuscript is his/her own effort and are purely personal judgment of author(s) and do not reflect the views of institution or the organization they are associated with.
6. Authors are bound to revise/improve the manuscript as per the suggestions/comments of Reviewer/Editor. If anyone is not able/willing to do the changes/improvement, a clarification with the proper reason must given by corresponding author to the publisher and it must be approved by editor/publisher.
7. An acknowledgement regarding funding sources/contribution of any institution, organization, individual or any third party must be disclosed.
8. For change, addition and removal of any author(s) in pre or post publication, code of conduct of COPE must be followed-
9. Request for addition of extra author before publication: [http://publicationethics.org/files/u7140/Authorship%20A\\_0.pdf](http://publicationethics.org/files/u7140/Authorship%20A_0.pdf)
10. Request removal of author before publication: <http://publicationethics.org/files/u7140/Authorship%20B.pdf>
11. Request for addition of extra author after publication: <http://publicationethics.org/files/u7140/Authorship%20C.pdf>
12. Request for removal of author after publication: <https://publicationethics.org/files/Authorship%20D.pdf>

### **Editor's Responsibility**

- A clear policy for editors/reviewers has been given on our website <http://www.socialresearchfoundation.com/shinkhlala.php>
- *Shrinkhla Ek Shodhparak Vaicharik Patrika* is a double blind Peer-reviewed journal, so each and every paper is reviewed at 3 steps. Firstly, on primary level it is reviewed/screened/plagiarism checked by our in-house editorial team, Secondly, author has to send a Recommendation Letter duly signed by the reviewer from same subject/area of interest. Then, thirdly it sends to the two editors from the same field.
- Research Articles/Manuscript has send to editors without disclosing the name, gender, caste, area, identity of authors.
- Editors/Reviewers are never pressurized to accept/favor any research paper/manuscript in order to publication or in interest of author. They are unconditionally independent to give their

**P: ISSN No. 2321-290X**  
**E: ISSN No. 2349-980X**

**RNI No. UPBIL/2013/55327**

**VOL.- X , ISSUE- VII March - 2023**

**Shrinkhla Ek Shodhparak Vaicharik Patrika**

suggestions/comments to improve the quality of submitted research article.

- Journal expects their Editors/Reviewers that they will review the manuscript confidentially and they will not disclose/reveal/discuss over the matter the manuscript with the third party.



## **INDEX**

S. No.	Particulars	Page No.	
		From	To
1	<b>English Papers</b>	E-1	E-9
2	<b>Hindi Papers</b>	H-1	H-68

## **INDEX (English)**

S. No.	Particulars	Subject	Paper ID	Page No.	
				From	To
1	<b>Study of Sports Training and Principals: A Review</b> Jatinder Paul , Jammu and Kashmir, India	Youth Services and Sports	17408	E-1	E-6
2	<b>Women Delegation</b> Meenu Walter, Ajmer, Rajasthan, India	Sociology	17666	E-7	E-9

## INDEX (Hindi)

S. No.	Particulars	Subject	Paper ID	Page No.	
				From	To
1	उदयपुर के समकालीन मूर्तिकारों की सृजनात्मकता सचिन दाधीच,भीलवाड़ा,राजस्थान, भारत	चित्रकला	17357	H-1	H-9
2	प्रयोगवाद के इतिहास में तारसप्तक की भूमिका रेखा भट्ट,बागेश्वर,उत्तराखंड, भारत	हिन्दी	17310	H-10	H-15
3	वोकल फोर लोकल की प्रासंगिकता आत्मनिर्भर भारत के संदर्भ में अभिलाषा साहू,ललितपुर,उत्तर-प्रदेश, भारत	अर्थशास्त्र	17313	H-16	H-20
4	निराला काव्य जनक्रान्ति एवं सामाजिक परिवर्तन का उद्घोष सत्यदेव सिंह,अजमेर,राजस्थान, भारत	हिन्दी	17668	H-21	H-26
5	हिन्द महासागर में बढ़ती महाशक्तियों की प्रतिस्पर्धा रामकल्याण मीना,झालावाड़,राजस्थान, भारत	राजनीति विज्ञान	17309	H-27	H-36
6	जल संरक्षण की परम्परागत तथा आधुनिक विधियां (दांतारामगढ़ तहसील जिला सीकर के संदर्भ में) खेमाराम यादव,जयपुर,राजस्थान, भारत महावीर सिंह चौपड़ा, जयपुर,राजस्थान,भारत भागचन्द यादव,जयपुर,राजस्थान,भारत	भूगोल	17370	H-37	H-43
7	पंचायती राज में महिलाओं की सहभागिता सरिता नेमा ,दमोह,मध्य प्रदेश, भारत	राजनिति विज्ञान	17351	H-44	H-50
8	मनरेगा योजना का ग्रामीण समाज पर प्रभाव बिरेन्द्र सिंह,मेरठ,उत्तर प्रदेश, भारत धीरेन्द्र प्रताप सिंह, मेरठ, उत्तर प्रदेश, भारत	समाजशास्त्र	17385	H-51	H-55
9	पोषणीय कृषि विकास की संकल्पना रायसिंहनगर तहसील के सन्दर्भ में एक भौगोलिक अध्ययन गिरधारी लाल शर्मा,सीकर,राजस्थान, भारत	भूगोल	17350	H-56	H-62

P: ISSN No. 2321-290X  
E: ISSN No. 2349-980X

RNI No. UPBIL/2013/55327

VOL.- X , ISSUE- VII March - 2023

**Shrinkhla Ek Shodhparak Vaicharik Patrika**

S. No.	Particulars	Subject	Paper ID	Page No.	
				From	To
10	गांव में वाल्मीकि समाज: एक अवलोकन निरूपमा सिंह, जहाँगीराबाद, बुलन्दशहर, उत्तर प्रदेश, भारत	राजनीति विज्ञान	17452	H-63	H-68